

## **Frequently Asked Questions: Personal Credibility Inventory**

**Students say, “I’ve not done much... there is just not much for me to put down on my inventory...”**

The personal credibility inventory can truly reach every learner, especially when learners are willing to think exhaustively about their experiences. Generally each participant can think of at least three things for each category as they consider experiences from work (professional or formative), education, home internships, and training. They can also consider good and bad experiences along with experiences for which they are uniquely suited (the I can! category). Read each category description carefully and think exhaustively how those experiences may compliment what you are offering.

### **What can I use the personal credibility inventory for?**

If you have an upcoming pitch, does anything on the inventory inform your approach to this influential moment? Are you giving a career or job talk? Surely something from these experiences could help to inform others. If you have individuals on your team that need encouragement, words to the wise from your experience, or just a good story, the personal credibility inventory is a good starting place to fulfill those needs. If none of that works, try taking some simple confidence from this experience. If you truly consider it carefully, the personal credibility inventory lists all the things which should build your confidence and through your learning, particularly the confidence of others. You’ve done a lot in life. Celebrate this!

### **This seems awful personal. Do I have to share all of this information with others?**

You do not have to share anything from the personal credibility inventory with others. In fact, there may be a good bit of it you simply keep to yourself. What you choose to share, when you choose to share it, and whatever way you offer it, is completely up to you. That said, if you’ve gauged your audience well, then you know when information from personal credibility is not only warranted but needed. Try to resist the urge to limit what you say due to hesitancy attitude of thinking that no one wants to hear it. Everyone has a good story to share and we all benefit when hearing those stories.

### **How long does the Personal Credibility Inventory take?**

The personal credibility inventory can take as long as you want or need. You can begin it in class, return to it later, or choose to do a new copy every so often. Without a doubt, every individual will present different answers at different times. The key is that we are giving each other space to answer the prompts thoughtfully and truthfully.